



## **Sport Wheelchair Loans During COVID-19 - Instructions for Participants**

### **Before your chair fitting:**

- Please book an appointment with the wheelchair loans program coordinator if you have not done so already
  - Contact: Katherine Hale, [btg@onpara.ca](mailto:btg@onpara.ca)
- Everyone entering our facility will be asked to complete and sign a COVID-19 Waiver
- **Please contact us to reschedule if:**
  - You have any symptoms of COVID-19 (as mentioned in the acknowledgement of risk)
  - You have had any symptoms in the last 14 days
  - You have travelled or been in contact with someone who travelled outside of Canada in the last 14 days, or are under the direction of the provincial health officer to self-isolate
- Please travel to our office by car and avoid public transit if possible
- Individuals are asked to attend the appointment on their own, or with one parent/guardian for those under the age of 18, and/or one personal assistant if required for transfers or other support. At this time, ONPARA staff must maintain physical distancing and therefore **are unable to assist with transfers.**

### **During your chair fitting:**

- When you arrive, you will be asked to wash your hands with soap and water and/or use an alcohol-based hand sanitizer.
- All individuals entering the facility will be **required to wear a mask/face covering** according to the [City of Toronto By-Law 541-2020](#), which requires the wearing of a mask or face covering in all indoor public spaces beginning July 7, 2020.
- Physical distancing of 2 metres must be maintained at all times during the appointment
- Our court space and all equipment will be cleaned and disinfected before and after appointments and/or uses according to [Public Health Ontario Guidelines](#)
- Health and safety information specific to COVID-19 will be posted in a visible location, and an online version can be sent to you if requested

### **After your chair fitting:**

- After you leave, wash your hands again with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer if soap and water is not available.
- You will be responsible for the sport chair and your safety while using it once you leave our office. We recommend cleaning the chair before and after each use, particularly the push rims and any other frequently touched surfaces.

- All activities must be in alignment with the current stage of the [Province of Ontario's Reopening Guidelines](#).
- All activities must follow all national, provincial, municipal and local orders as well as all Provincial Health Officer orders and recommendations
- Participants should follow all recommendations outlined in ONPARA's Return to Play Recommendations as updated on [www.onpara.ca](http://www.onpara.ca)

### Other Resources

- [Preventing COVID-19: Hand Hygiene for People with Spinal Cord Injury](#)
- [Public Health Ontario Guidelines and Resources](#)
- COVID-19 Self-Assessment: <https://covid-19.ontario.ca/self-assessment/>
- Framework for Reopening the Province: <https://files.ontario.ca/mof-framework-for-reopening-our-province-en-2020-04-27.pdf>
- Reopening in Ontario: What's in Each Stage: <https://www.ontario.ca/page/reopening-ontario-whats-each-stage#s-25>
- COVID-19: Stop the Spread: <https://www.ontario.ca/page/covid-19-stop-spread#section-6>
- COVID-19 Public Resources: <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>